

NEW LIFE

Jesus chose to give us new life. How can we do the same?

AIMED AT

TEENS & YOUNG PEOPLE

Introduction

Oh, to have new eyes! A new perspective. A restart. Can you imagine the things you've done being washed away, and you get to discover the world with new eyes?

That is the gift that Jesus gave us when he sacrificed Himself for us. On that very first Good Friday, Jesus took on the burden of sin and death that was on our shoulders and lifted it. When He died on the cross, death died with Him. And when He rose three days later, He not only *showed* us life after death, but *gave* it to us.

Being part of Jesus' family means being given a special gift of a restart. It's freedom. It's forgiveness. It's hope. It's a chance for complete renewals of us, inside and out.

Activity: Giving New Life to Old Things

Imagine putting on some glasses—but not just any glasses—these glasses have a special ability to let you see everything as 'new'. As fresh, wanted, desirable, with opportunity....

Just as Jesus chose to give us new life, think about how you can pass that on this Easter.

Take a walk around your home, see if you can bring 'new life' or newness to something that may have been left to the wayside. It may be finding a plant cutting and replanting it; or finding a old food jar and making a joy jar (where you decorate it and write your blessings of the day), or it may be turning a pair of jeans into a bag or shorts... whatever it may be, you've got the glasses on, you are in the position to give new life.

If you can, think about passing it on to others. You might put together a care package for someone in need, or donate some clothing, or turn some craft supplies lying around into something beautiful you could gift.

Whatever you choose, do it with a spirit of generosity, like you are overflowing with life and light that simply must be shared—because you are!

Bible Engagement

Read **2 Corinthians 5:17**, either with your household, or on your own. Read it again, slowly. Now read it again with some surrounding passages. Read some [different translations](#) of the verse. Finally stop, read the verse again, listening to the quiet whisper inside of you.

**ANYONE WHO BELONGS TO CHRIST IS A NEW PERSON.
THE PAST IS FORGOTTEN, AND EVERYTHING IS NEW.**

2 Corinthians 5:17 (CEV)

Conversation

What lead you to choose that item to repurpose?

What is that whisper you heard whilst reading? Maybe it wasn't a whisper, but a feeling or picture or thought? What does that remind you of?

What from the verse stands out to you?

What do you think God wants to share with you?

How can Jesus' gift of new life change you going forward?