

BIGGER THAN TIME

A “ChiFam Challenge”—an awesome activity for children & families

AIMED AT

CHILDREN & FAMILIES

What you will need is:

- A camera that can take slow-mo or time-lapse video (most smartphones can do this!)

Introduction

God created the universe, including creating time. That means God existed before time began. (It can sometimes give us a headache to think about this!)

Moses wrote about this in Psalm 90:1-4:

Our Lord, in all generations
 you have been our home.
 You have always been God—
 long before the birth of the mountains,
 even before you created the earth and the world.
 At your command we die and turn back to dust,
 but a thousand years mean nothing to you!
 They are merely a day gone by or a few hours in the night.

We can have some fun creating videos using different frames of time.

Hyperspeed

You'll need a camera with time-lapse, or a phone with time-lapse option, or video editing software. The time-lapse option takes a photo every few seconds and turn them into a high speed video.

TIP: Make sure you have somewhere steady to hold the camera/phone for the best effect.

Spend about an hour filming you and/or people in your home creating or doing something. It could be arranging autumn leaves on the lawn, dominos, playing cards on your lounge room floor, drawing, painting, knitting, or drilling little holes in a large piece of wood.

Once you're done, watch your time-lapse video to get a sense of being 'outside of time', just like God is.

Slow-Mo

You'll need a camera or phone with a slow motion function. Video editing software can partially achieve this effect if that's all you've got.

Spend about 10 seconds filming yourself doing something and film it in slow motion. It could be mixing together two liquids, combining bi-carb and vinegar for a mini volcano, pulling a funny face really really quickly, blowing a bubble, making popcorn, showing off some floppy clothing, filling a bowl of cereal and milk or something else.

Once you're done, enjoy watching your slow-mo video.

Continued...

God created the universe, and each of us with such attention to detail, care and creativity. King David celebrated this when he wrote Psalm 139. Here's verse 15-16:

Nothing about me
is hidden from you!
I was secretly woven together
deep in the earth below,
but with your own eyes
you saw my body being formed.
Even before I was born,
you had written in your book
everything I would do.

Who could you share your hyperspeed and slow-mo videos with?